

Understanding the world

- Family photo display – talking about our different families and what we like to do together. Making books and pictures about our family.
- Autumn and Harvest – changes we can see in our world.
- Planting bulbs - getting ready for Spring.
- Tasting different foods and talking about our likes and dislikes.

Personal, social and emotional development

- Separating from our parents/carers and building new relationships at Nursery.
- Looking after each other and the toys.
- Creating and following new nursery rules.

Mathematics

- Counting songs and rhymes.
- Talking about our similarities and differences – using a height chart and non-standard units. Who is the tallest, shortest?
- Using the language of size e.g. big, medium and small.
- Snack table maths – how many slices of toast will we need? Cutting fruit and discussing halves and quarters. Problem solving – do we have enough?
- Playing with prepositions.
- Introduction of pictorial recipe cards. Following simple recipes to make paint, sandwiches and pizzas.
- Sorting objects and comparing objects such as socks.

Literacy

- Tales Toolkit sessions – making up our own stories.
- Making books and pictures about ourselves and our families.
- Encouraging children to recognise their own name using snack table names.
- Phase One Phonics.
- Role play – home corner, hair dressers and café.
- Settling in and enjoying sharing books – interactive reading.



Low Hall Nursery School Medium Term Plan Autumn Term 2026 Topic: Ourselves

Communication and language

- **ShREC to support communication and vocabulary development.**
- Tasting table-children to talk about their likes and dislikes e.g. favourite foods
- Looking at ourselves in the mirror and talking about similarities and differences
- Listening walks.
- Story-telling and learning new stories. ***Would any parents/carers like to record themselves reading their child's favourite story?***
- Role play.
- Learning new songs and rhymes.
- Tales Toolkit sessions – making up our own stories.

Physical Development

- Healthy Eating at the Snack Table
- Learning to travel on top of, over and then jump safely off low-level apparatus.
- Learning to use the nursery equipment safely for example when using the scissors and cooking utensils.
- Introduction of using boxes (cardboard, wooden or plastic) and different adhesives to create models for play.

Expressive art and design

- Printing
- Self-portraits.
- Moving our body to music/musical sounds
- Art linked to celebrations – Diwa lamps, firework art.
- Colour mixing paint using scoops to measure and pictorial recipe card.
- Artist Calendar – Mark Rothko, Yayoi Kusama, Rana Begum, and Yinka Shonibare.

Core books

Owl Babies
The family book
The Tiger who came to tea
So much
Jamela's Dress
I love my hair
Rocket says, "Look up"
Goodnight Spaceman
Pumpkin soup
Don't throw that away

Recipes

Making playdough
Powder paints to make new colours
Bird feeders
Snack table recipes
Mud kitchen recipes