

NEW Children and Family Centre Activity Timetables Included!

roleplay

feed the imagination

Special Edition July 2016

Welcome to this special timetable edition of Roleplay; the magazine for families living in Waltham Forest.



The Lloyd Park Centre has been awarded a £3.15m contract to run services as part of the new Children and Family Centres across Waltham Forest for the next three years.

Children and Family Centres will, from 1 July, start providing local families with children aged 0-18 access to early education services and Early Help services, which includes support with parenting, child health and welfare, family life, employability and community links. And, from September this year, they will also begin to offer an increased range of health services.

Every Children and Family Centre will be linked with one of four neighbourhoods – North (Chingford), Central (Walthamstow), South West (Leyton) and South East (Leytonstone) – with the aim that no family is further than a 20 minute walk from their nearest centre.

We have included in this special edition, two timetables for each neighbourhood; the interim timetable covers the period from the start of our contract on 1st July to 22nd July. This is followed

by the Summer Holiday programme from 25th July to 1st September. During this time we will be working with staff, parents and partners to plan a timetable for September in line with the new requirements for Children and Family Centres.

Are you passionate about services for local families? Can you represent the views of your community? The Lloyd Park Centre is looking for volunteers to share their ideas and help us plan for the future.

For more information contact Wendy Fields, Integrated Services Manager, The Lloyd Park Centre on wendyf@thelloydparkcentre.co.uk



When a group of local volunteers started a small parent and toddler group in a portacabin in Lloyd Park 31 years ago, I never dreamed that we would one day become a charity able to improve the lives of children all over Waltham Forest.

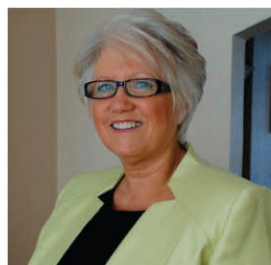
Our organisation grew into the Lloyd Park Centre, which currently runs the centre of the same name, as well as another in Higham Hill. They were judged good and outstanding by Ofsted in our last inspections – and we are incredibly proud.

Now, Waltham Forest Council has chosen us to expand the care of our dedicated staff and volunteers to children and families across Walthamstow, Chingford, Leyton and Leytonstone.



We applaud Waltham Forest Council for continuing to support these critical services - keeping Children's Centres open when many face closure in other boroughs. Our mission is to build brighter futures for children and families and we want to work with local families to plan a range of activities and services across the borough.

We won't do all of this alone. I am grateful to all of the other organisations we already work with to provide outstanding services for our Waltham Forest Community; The Local Authority, NELFT (Health Services) ELATT (Adult Learning) Anatolian Centre and Salvation Army. And we are looking forward to working with new teams and organisations to give local children the best possible support during the most important time in their lives.



Pauline Thomas MBE

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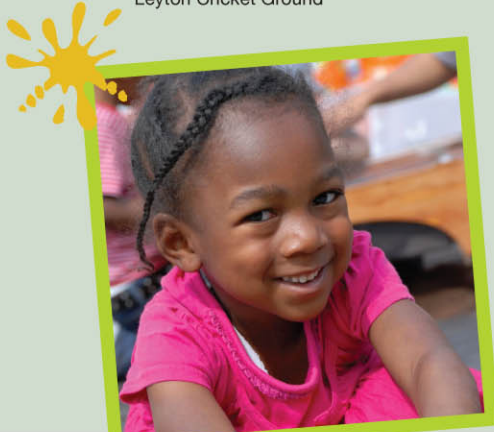


Interim Timetable

1st July – 22nd July 2016

SOUTH WEST (LEYTON)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Active Play 9.45 - 11.15 Leyton Cricket Ground Stay and Play 9.45 - 11.15 Seddon Centre Employment and Training Advice Surgery 9.00 - 12.30 Queens Road	Baby and Me Breast Feeding Support 10.00 - 11.30 Seddon Centre Sensory Play 10.00- 11.30 Queens Road Stay and Play 10.00 - 12.00 Emmanuel Parish Hall Citizens Advice Service Surgery 9.00 - 1.00 Queens Road Stay and Play 1.15-2.30 Leyton Cricket Ground	Breastfeeding Support 10.00 - 11.00 Appointment only Cyberlink Messy Play 1.00 - 2.30 Leyton Cricket Ground Messy Play 1.00 - 3.00 Emmanuel Parish Hall Tots Stay and Play 1.00 - 2.30 Seddon Centre	Stay and Play 9.45 - 11.15 Leyton Cricket Ground Getting Ready for School 10.00 - 11.00 Seddon Centre Stay 2 Play (for those eligible for 2 year old nursery funding) 9.30 - 11.15 Seddon Centre Stay 2 Play (for those eligible for 2 year old nursery funding) 9.00 - 11.00 St Saviours Nursery Stories and Rhymes 10.00- 10.45 Lea Bridge Library Stay and Play (fortnightly SALT drop in 7th & 21st July) 10.00 - 11.30 Queens Road Child Health Clinic 1.00 - 2.45 Leyton Cricket Ground Child Health Clinic and Under 1's group with Breast Feeding Support 1.00 - 2.30 Queens Road	Baby Sing and Sign 10.00 - 1 0.45 Leyton Cricket Ground Music and Movement 10.00 - 11.00 Emmanuel Parish Hall Messy Play 1.00 - 2.30 Seddon Centre New Parents 1.30 - 3.00 Queens Road	 



SOUTH EAST (LEYTONSTONE)

Rhyme Time 9.30-10.15 or 10.30 - 11.15 Leytonstone Library SALT Invited group under 2 ½ yrs 10.00-11.30 SALT – Drop-In 13.45-15.45 Rear of Leytonstone Children's Centre Citizens Advice Service Surgery 9.00 - 1.00 Harrow Green Library Stay and Play Stories and Songs 1.45-3.15 Rear of Leytonstone Children's Centre Baby Clinic 13.30-15.30 Allum Medical Centre	Messy Play 10.00 - 12.00 Rear of Leytonstone Children's Centre Messy Play 1.45-3.15 Rear of Leytonstone Children's Centre Stay 2 Play (for those eligible for 2 year old nursery funding) 1.00 - 3.00 Acacia Nursery and Children's Centre	Baby Club 1.45-3.15 Rear of Leytonstone Children's Centre Growing Stronger Together SEND group 13.00-15.00 Rear of Leytonstone Children's Centre Baby Clinic & Breastfeeding Support 13.30-15.30 Langthorne Health Clinic	Baby Club 10.00 - 12.00 Leytonstone Library Baby Clinic & Breastfeeding Support 9.30-11.30 Langthorne Health Clinic Soft Play 1.45-3.15 Rear of Leytonstone Children's Centre	Stay and Play 10.00 - 11.30 Rear of Leytonstone Children's Centre Stories and Songs 11.30 - 12 (As above) Rear of Leytonstone Children's Centre Stay and Play Music and Movement 1.45-3.15 Rear of Leytonstone Children's Centre Baby Clinic 13.30-15.30 Allum Medical Centre
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There is no charge for many of the sessions. A small charge occurs at some venues ranging from £1 to £3 per child with Family Grow Wild charging £1 per adult as well.

From September 2016 a new consistent pricing structure will be introduced across Waltham Forest.

NORTH (CHINGFORD)

1st July – 22nd July 2016

Monday

Stay and Play

9-10.30
Larkwood Primary School
(TERM TIME ONLY)

Stay 2 Play (for those eligible for 2 year old nursery funding)
9.30-11.30
Wyemead Centre

Family Signing Session (BSL)
10.00-10.30
Wyemead Centre

Child Health Clinic
9-11
Chapel End Early Years Centre

TOPS
1.30-3.00
Wyemead Centre

Toddler Time
1.30 -3.00
Yardley Early Years Centre
(TERM TIME ONLY)

Tuesday

Tiny Tots

9.10 – 11.00
Yardley Early Years Centre
(TERM TIME ONLY)

Rollers and Crawlers
1.30-3.00
Wyemead Centre

Stay and Play
1.30-3.00
Paradox Centre

Rhyme Time
2.00 – 3.00
Yardley Early Years Centre
(TERM TIME ONLY)

Zumba
5.00 – 6.00
Wyemead Centre

Evening Child Health Clinic
5.30 – 7.30
Chingford Health Clinic
12th July only

Wednesday

Stay and Play

9.30-11.00
Selwyn Primary School

Parent and Toddler and Childminder Drop-in
9.15-11.00
Chapel End Early Years Centre

ESOL
9.30-11.30
Wyemead

Maternity Services
9.30-11.30
Wyemead Centre
Booking necessary

Painters and Decorators
9.30 – 11.00
Yardley Early Years Centre
(TERM TIME ONLY)

Coffee Morning
10.30-11.30
Wyemead Centre

Chingford Health Clinic
9.30-11.30
2nd and 4th Wednesday of the month
Kate

Stay and Play
1.30-3.00
Pimp Hall 13th July

Chingford Health Clinic
2.00 – 4.00
1st and 3rd Wednesday of the month
Kate

Toy Library
9.30-11.00
Roger Ascham Primary School

La Leche Breast Feeding Support
10.00 – 12.00 (1st and 3rd Wednesday of the month)
The Lloyd Park Centre

Citizens Advice Service Surgery
9.00 – 1.00
Higham Hill Children's Centre

Stay and Play
1.30-3.00
St Michaels Hall

Child Health Clinic
2.00 – 3.45 (1st and 3rd Weeks of the month)
Higham Hill Children's Centre

Hatchlings for Crawlers up to 2 years
1.15 – 3.00
The Lloyd Park Centre

Grow Wild for 5-12 Year Olds
3.45-5.45
The Lloyd Park Centre

Thursday

Let's Get Creative

9.30 -11.00
Paradox Centre

Dare to Design
9.30 -11.00
Paradox Centre

Child Health Clinic
9.30-11.30
Paradox Centre

ESOL
9.30-11.30
Wyemead Centre

Citizens Advice Service Surgery
9.00 – 1.00
Wyemead Centre

Child Health Clinic
1.30 – 3.00
Wyemead Centre

Family Time
1.30 – 3.00
Yardley Early Years Centre
(TERM TIME ONLY)

Breast Feeding Support
1.30 – 3.00
Chingford Health Centre

Maternity Services
1.30 – 4.00
Paradox Centre
(Booking necessary)

Movers and Shakers
1.30 – 3.00
Paradox Centre

Parent Craft Classes
6.00 – 8.00pm
Wyemead Centre

Tiny Movers
10.00 -11.30
Church Hill Nursery School

Creative Kids
10.00 -11.30 or 1.00 – 2.30
(2nd Thursday of the month)
William Morris Gallery

Parent and Toddler
9.30 -11.30
Salvation Army

Child Health Clinic
12.30 – 2.30
The Lloyd Park Centre

Parent and Toddler SALT Drop-in 7th July
1.30 – 3.00
Higham Hill Children's Centre

Family Fitness HIT
8.00 – 8.30 & 8.30 – 9.15
Salvation Army
(£2.50 or £3 for both sessions)

Friday

Stay and Play

9.30 -11.00
Wyemead Centre

Grand Parents Group
1.30 – 3.00
Wyemead Centre

Saturday

Dads Club

10.00 – 12.00
Wyemead Centre
9th & 16th July only



CENTRAL (WALTHAMSTOW)



Child Health Clinic
9.00 – 11.00
Mission Grove

Music and Movement
10.15-11.15
Wood Street Library

Stay 2 Play
(for those eligible for 2 year old nursery funding)
10.00 -12.00
Grow Wild
at The Lloyd Park Centre

Imagination Library
10.30-11.15
Higham Hill Library

Wiggly Rhythms
9.30-10.15
or 11.00 – 11.45
Salvation Army

Parent and Toddler and Twinkly Twins
1.15 – 3.00
The Lloyd Park Centre

Stay 2 Play
(for those eligible for 2 year old nursery funding)
12.45 – 2.45
Walthamstow Cricket Club

ESOL
9.30-11.30
Higham Hill Children's Centre

Childminder and Parent Group
9.45am – 11.15am
St Gabriels

Toy Library
9.30-11.00
Roger Ascham Primary School

You and Your New Baby
10.00 – 12.00
The Lloyd Park Centre

Grow Wild
10.00 – 11.30
The Lloyd Park Centre

Family Fitness
10.00 – 11.00
Salvation Army

New Parents Group
1.15-2.15
Church Hill Nursery

Talking Together
1.00 – 2.30pm
Queen's Road

SALT Drop-in
9.15-11.15
Church Hill 1st July

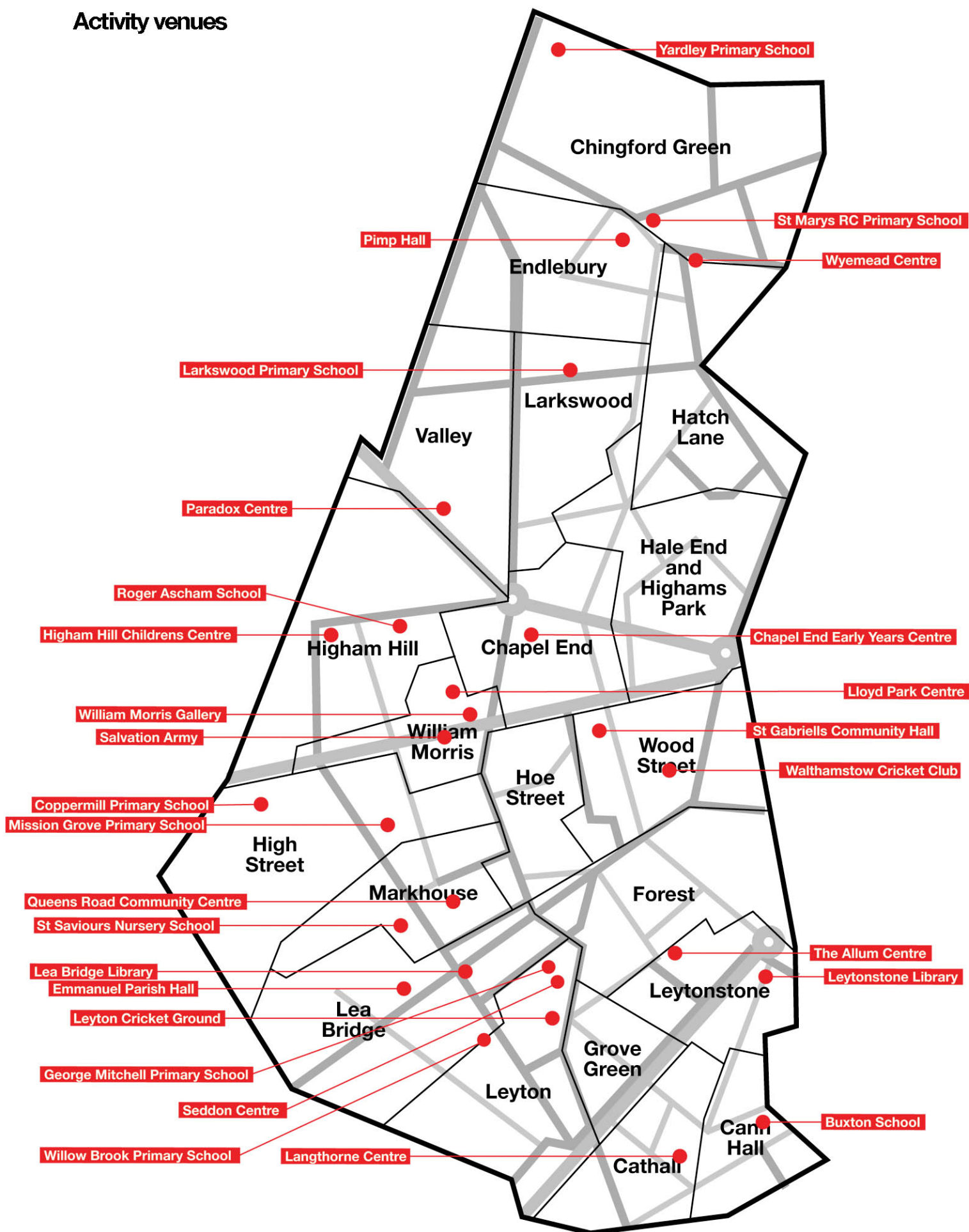
Family Grow Wild
10-12 (2nd Saturday of the month)
The Lloyd Park Centre

Rhyme Time
10.15-11.15
Wood Street Library

Grow Wild
1.30 – 3.00
The Lloyd Park Centre



Activity venues



Summer Timetable

25th July - 1st September 2016

SOUTH WEST (LEYTON)

Monday	Tuesday	Wednesday	Thursday	Friday
Holiday Activity Programme Family Sessions 0-5 and 5-11 year olds* 10.00 - 12.30 George Mitchell Primary School	Holiday Activity Programme Family Sessions 0-5 and 5-11 year olds* 10.00 - 12.30 George Mitchell Primary School	Holiday Activity Programme Family Sessions 0-5 and 5-11 year olds* 10.00 - 12.30 George Mitchell Primary School	Holiday Activity Programme Family Sessions 0-5 and 5-11 year olds* 10.00 - 12.30 George Mitchell Primary School	Holiday Activity Programme Family Sessions 0-5 and 5-11 year olds* 10.00 - 12.30 George Mitchell Primary School
Employment and Training Advice Surgery 9.00 - 12.30 Queens Road	Baby and Me Breast Feeding Support 10.00 - 11.30 Seddon Centre	Tots Stay and Play Early Help Team 9.45 - 11.15 Seddon Centre	Child Health Clinic 1.00 - 2.45 Leyton Cricket Ground	New Parents 1.30-3.00 Queens Road
Stay and Play Early Help Team 9.45 - 11.15 Seddon Centre	Citizens Advice Service Surgery 9.00 - 1.00 Queens Road	Play Bus** in Jubilee Park 10.00 - 12.00 3rd August only	Child Health Clinic and Under 1s group with Breast Feeding Support 1.00 - 2.30 Queens Road	Play Bus** in Jubilee Park 26th August only 2.00 - 4.00
	Stay and Play Early Help Team 1.15 - 2.30 Leyton Cricket Ground	Play Bus** in Thomas Gamuel Park 10th August 10.00 - 12.00 10th August 2.00 - 4.00	Tots Stay and Play Early Help Team 1.15-2.30 Seddon Centre	

All services will be closed on Bank Holiday Monday 29th August.
We will also be closed on 2nd September for team training (excluding baby clinics)



SOUTH EAST (LEYTONSTONE)

Citizens Advice Service Surgery 9.00 - 1.00 Harrow Green Library	Messy Play Early Help Team 10.00 - 12.00 Rear of Leytonstone Children's Centre	Play Bus** in Cathall Green 27th July 10.00 - 12.00 17th August 2-4pm	Baby Club 10.00 - 12.00 Leytonstone Library	Play Bus** in Acacia Road Play Area 29th July 10.00 - 12.00 19th August 2.00 - 4.00
Holiday Activity Programme Family Sessions 0-5 and 5-11 year olds* 1.30 - 4.00 25th July - 5th August Willowbrook Primary Academy	Holiday Activity Programme Family Sessions 0-5 and 5-11 year olds* 1.30 - 4.00 25th July - 5th August Willowbrook Primary Academy	Holiday Activity Programme Family Sessions 0-5 and 5-11 year olds* 1.30 - 4.00 25th July - 5th August Willowbrook Primary Academy	Baby Clinic & Breastfeeding Support 9.30-11.30 Langhorne Health Clinic	Holiday Activity Programme Family Sessions 0-5 and 5-11 year olds* 1.30 - 4.00 25th July - 5th August Willowbrook Primary Academy
Holiday Activity Programme Family Sessions 0-5 and 5-11 year olds* 8th- 26th August 1.30 - 4.00 Buxton School	Holiday Activity Programme Family Sessions 0-5 and 5-11 year olds* 8th- 26th August 1.30 - 4.00 Buxton School	Holiday Activity Programme Family Sessions 0-5 and 5-11 year olds* 8th- 26th August 1.30 - 4.00 Buxton School	Holiday Activity Programme Family Sessions 0-5 and 5-11 year olds* 8th- 26th August 1.30 - 4.00 Buxton School	Holiday Activity Programme Family Sessions 0-5 and 5-11 year olds* 8th- 26th August 1.30 - 4.00 Buxton School
Baby Clinic 13.30-15.30 Allum Medical Centre		Baby Club 1.45-3.15 Rear of Leytonstone Children's Centre	Holiday Activity Programme Family Sessions 0-5 and 5-11 year olds* 8th- 26th August 1.30 - 4.00 Buxton School	Baby Clinic 13.30 - 15.30 Allum Medical Centre

Play Ssson
 Early Help Team
 1.00 - 3.00
 Langthorne Park
 (only until 22.08.16)



Baby Clinic & Breastfeeding Support
 13.30-15.30
 Langhorne Health Clinic

Play Bus in Henry Reynolds Park**
 5th August 10.00 - 12.00
 11th August 2.00 - 4.00

Play Ssson
 Early Help Team
 1.00 - 3.00
 Langthorne Park
 (only until 22.08.16)



*The Holiday Activity Programme includes an exciting range of free activities for under 5's and 5-11 year olds every week from 25th July - 26th August 2016.

** The Play Bus is touring the Borough between 25th July - 26th August 2016.

25th July - 1st September 2016

NORTH (CHINGFORD)

Monday

Holiday Activity Programme Family Sessions

0-5 and 5-11 year olds*
10.00 - 12.30
Larkwood Primary
Academy

Music and Movement
10.15 - 11.15
Wood Street Library

Holiday Activity Programme Family Sessions

0-5 and 5-11 year olds*
10.00 - 12.30
Chapel End Infants School

Family Signing Session
(BSL)
10.00 - 10.30
Wyemead Centre

Child Health Clinic
9.00 - 11.00
Chapel End Early Years
Centre

Stay and Play
Early Help Team
1.30 - 3.00
Wyemead Centre

**Holiday Activity Programme
Family Sessions**
0-5 and 5-11 year olds*
1.30 - 4.00
St Marys RC Primary School

Tuesday

Holiday Activity Programme Family Sessions

0-5 and 5-11 year olds*
10.00 - 12.30
Larkwood Primary
Academy

**Holiday Activity Programme
Family Sessions**
0-5 and 5-11 year olds*
10.00 - 12.30
Chapel End Infants School

**Holiday Activity Programme
Family Sessions**
0-5 and 5-11 year olds*
1.30 - 4.00
St Marys RC Primary School

Rollers and Crawlers
1.30 - 3.00
Wyemead Centre

Zumba
5.00 - 6.00
Wyemead Centre



Wednesday

Holiday Activity Programme Family Sessions

0-5 and 5-11 year olds*
10.00 - 12.30
Larkwood Primary
Academy

**Holiday Activity Programme
Family Sessions**
0-5 and 5-11 year olds*
10.00 - 12.30
Chapel End Infants School

Maternity Services
9.30 - 11.30
Wyemead Centre
Booking necessary

Chingford Health Clinic
9.30 - 11.30
2nd and 4th Wednesday
of the month-Kate

Play Bus in Arnett Square**
3rd August 2-4pm
17th August 10-12pm

**Holiday Activity Programme
Family Sessions**
0-5 and 5-11 year olds*
1.30 - 4.00
St Marys RC Primary School

Chingford Health Clinic
2.00 - 4.00
1st and 3rd Wednesday
of the month-Kate

Thursday

Holiday Activity Programme Family Sessions

0-5 and 5-11 year olds*
10.00 - 12.30
Larkwood Primary
Academy

**Holiday Activity Programme
Family Sessions**
0-5 and 5-11 year olds*
10.00 - 12.30
Chapel End Infants School

Child Health Clinic
9.30 - 11.30
Paradox Centre

**Citizens Advice Service
Surgery**
9.00 - 1.00
Wyemead Centre

**Holiday Activity Programme
Family Sessions**
0-5 and 5-11 year olds*
1.30 - 4.00
St Marys RC Primary School

Child Health Clinic
1.30 - 3.00
Wyemead Centre

Breast Feeding Support
1.30 - 3.00
Chingford Health Centre

Maternity Services
1.30 - 4.00
Paradox Centre
(Booking necessary)

Parent Craft Classes
6.00 - 8.00
Wyemead Centre

Friday

Stay and Play
Early Help Team
9.30 - 11.00
Wyemead Centre

**Holiday Activity Programme
Family Sessions**
0-5 and 5-11 year olds*
10.00 - 12.30
Larkwood Primary
Academy

**Holiday Activity Programme
Family Sessions**
0-5 and 5-11 year olds*
10.00 - 12.30
Chapel End Infants School

Play Bus in Pimp Hall**
19th August 10.00 - 12.00
29th August 2.00 - 4.00

**Holiday Activity Programme
Family Sessions**
0-5 and 5-11 year olds*
1.30 - 4.00
St Marys RC Primary School

Grand Parents Group
1.30 - 3.00
Wyemead Centre

CENTRAL (WALTHAMSTOW)

Child Health Clinic
9.00 - 11.00
Mission Grove

**Holiday Activity Programme
Family Sessions**
0-5 and 5-11 year olds*
1.30 - 4.00
Coppermill Primary School

Music and Movement
Early Help Team
10.15 - 11.15
Wood Street Library

You and Your New Baby
10.00 - 12.00
The Lloyd Park Centre

Grow Wild
Weekly from 16th August
10.00 - 11.30
The Lloyd Park Centre

Family Fitness
10.00 - 11.00
Salvation Army

**Holiday Activity Programme
Family Sessions**
0-5 and 5-11 year olds*
1.30 - 4.00
Coppermill Primary School

**La Leche Breast Feeding
Support**
10.00 - 12.00 (1st and 3rd
Wednesday of the month)
The Lloyd Park Centre

Play Bus in St James Park**
5th August 2-4pm
11th August 10.00 - 12.00

Play Bus in Higham Hill
Recreation Grounds**
27th July 2.00 - 4.00
24th August 10.00 - 12.00

Citizens Advice Service Surgery
9.00 - 1.00
Higham Hill Children & Family
Centre

**Holiday Activity Programme
Family Sessions**
0-5 and 5-11 year olds*
1.30 - 4.00
Coppermill Primary School

Child Health Clinic
2.00 - 3.45 (1st and 3rd Weeks
of the month)
Higham Hill Children's Centre

Grow Wild
for 5-12 Year Olds
Weekly from 16th August
3.45 - 5.45
The Lloyd Park Centre

Family Fitness HIT
8pm
Salvation Army
(£2.50)

Creative Kids
10.00 - 11.30
(2nd Thursday of the month)
William Morris Gallery

Parent and Toddler
9.30 - 11.30
Salvation Army

**Holiday Activity Programme
Family Sessions**
0-5 and 5-11 year olds*
1.30 - 4.00
Coppermill Primary School

Advice Surgery
2.00 - 5.30
Higham Hill Children's Centre

Creative Kids
1.00 - 2.30
(2nd Thursday of the month)
William Morris Gallery

Rhyme Time
Early Help Team
10.15 - 11.15
Wood Street Library

**Holiday Activity Programme
Family Sessions**
0-5 and 5-11 year olds*
1.30 - 4.00
Coppermill Primary School

Grow Wild
Weekly from 16th August
1.30 - 3.00
The Lloyd Park Centre

